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Marko Issever
Moshe Mallul
Michel Pimienta

EXECUTIVE DIRECTOR:
Nissan Nefas

CONTACT MSC:

PHONE:
212.988.6085

FAX:
212.772.8698

WEBSITE:
www.sepharad.org

EMAIL:
info@sepharad.org
rabbi@sepharad.org
nissan@sepharad.org

MSC WEEKLY BULLETIN

MANHATTAN SEPHARDIC CONGREGATION
325 EAST 75TH STREET,
NEW YORK, NY 10021

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**SHABBAT
PARASHAT
EIKEV**
18 AV AUGUST 5

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2023 MEMBERSHIP DRIVE!

BECOME A PART OF OUR FAMILY!
• FAMILY \$500 • SINGLE \$250
YOUR DONATION IS TAX DEDUCTIBLE!

HONOR A LOVED ONE BY SPONSORING

• KIDDUSH • SEUDAH SHLISHIT • BREAKFAST
The 3rd Floor is available for rent to celebrate your next event.

FRIENDLY REMINDER

It is forbidden to talk during prayer services & the reading of the Torah.

Please **NO SMOKING** in front of the Synagogue!
Dispose of all garbage appropriately
AND DO NOT litter on the side walk!

SHABBAT PARASHAT EIKEV 18 AV AUGUST 5**Friday, August 4**

6:45 PM Shir Hashirim
 7:00 PM Minha followed by Kabbalat Shabbat
 7:50 PM Candle Lighting (***DO NOT LIGHT BEFORE PLAG MINHA—6:39 PM***)
Shabbat, August 5

Latest time to read the Shema (Shabbat) Magen Avraham (8:41 AM) Tanya (9:28 AM)
 8:30 AM Shahrit
 9:30 AM Children's Program (5th Floor)
 10:45 AM Children's Tefillah (3rd Floor)

This week's Kiddush is offered by the Synagogue. Sponsorship is available!

Big Salad is sponsored by Chaim Sparer in honor of Rachel Benchimol's Hakel Mitzvah Campaign (see page 7)

Lechaims are offered by: ► Guy Yosef, Shuki Zikri, Menacham Iny and Irene Nahon in honor of the congregation. ► Offered in memory of Na'ama Bat Sa'adia Z'L.
 The Weekly Shabbat Cakes are sponsored anonymously in honor of the congregation.

1:00 PM Class with Dr. Gabriel Burstein—The Kabbalah of Redemption based on Zohar and Vilna Gaon
 3:00 PM Class with Prof. Mark Lekarew—Mishna Torah: Hilchot Shabbat, Mishlei.
 6:45 PM Shiur with Rabbi Benchimol
 7:30 PM Minha.

Seudah Shlishit is sponsored by Jean-Marc Bensaid in memory of his beloved mother, Jacqueline Rachel bat Mesoudah Bensaid Z'L.

Seudah Shlishit is sponsored by Nina Yamini in memory of her beloved father, Shirzad Noori ben Rostam Ve' Simcha Z'L.

Dessert offered by Rose Yanovskaya in memory of her beloved grandfather, Baruch ben Gershon Z'L.

With Shiur during Seudah Shlishit on the Amidah by Rabbi Benchimol
Shiur for the entire year is sponsored by David Braunschvig: Honoring Rabbi Benchimol's Teachings on the Essence of our Prayers.
MSC THANKS Chava Press for preparing the Seudah Shlishit.

8:45 PM Arvit
 8:53 PM Shabbat Ends

SHABBAT DIVREI TORAH ARE SPONSORED BY:
 ► Kim Amzallag in memory of her beloved paternal grandmother, Rachel bat David V'Hannah Goldstein Rosenberg Z'L.
 ► Nina Yamini in memory of her beloved father, Shirzad Noori ben Rostam Ve' Simcha Z'L.

Weekly Bulletin, Morning Class with Marc Hazan, Morning Drash by Rabbi Benchimol, Afternoon Class with Dr. Gabriel Burstein, Afternoon Class with Prof. Mark Lekarew, Afternoon Class with Marc Hazan and Afternoon Shiur with Rabbi Benchimol.
-Sponsor Next Shabbat's Divrei Torah!

WEEKDAY PRAYER SCHEDEULE
Mon.—Fri. Early Shahrit 6:15 AM (5th flr), Regular Shahrit 7 AM, Late Shahrit 8 AM
(Sundays 8:30 AM)

MINHA FOLLOWED BY ARVIT Sunday—Thursday until the end of summer 7 PM

Morning Class With Rabbi Benchimol Monday - Friday
The Rabbi's Gemara shiur 3rd flr (8:30-9:00 AM). **Gemara: Sanhedrin**

Evening Class With Rabbi Benchimol Monday - Thursday
The Rabbi's Gemara shiur takes place on the 1st floor Shiur at 6:30 PM
Gemara: Succah followed by Minha followed by Arvit 7:00 PM

ATTENTION

No food or drinks are allowed in the synagogue
without the approval of Rabbi Benchimol or Marc Hazan.

PLEASE NOTE:

Please do not leave articles of clothing in the closet for a long period of time.
Please inform (Nissan@sepharad.org) otherwise items will be removed from premises.

ALIYOT

To request an Aliya on Shabbat, please call the office ahead of time!

MAZAL TOV

Mazal Tov to Eli Amzallag & Erika Frycher on their recent engagement.
Mazal Tov to Raymond & Kim Amzallag and to Laurent & Isabel Frycher.

BREAKFAST

On Tuesday 21 Av—August 8 is sponsored by Isaac Fhima in memory of his
beloved grandmother, **Rachel bat Shaoul Malka Z”L**.

On Wednesday 22 Av—August 9 is sponsored by Jean-Marc Bensaid in memory of his
beloved mother, **Jacqueline Rachel bat Mesoudah Bensaid Z”L**.

On Friday 25 Av—August 11 is sponsored by Michel Pimienta in memory of his
beloved father, **Issachar ben Saada Z”L**.

WEDNESDAY'S WOMEN TORAH CLASS BY RACHEL BENCHIMOL

On Wednesday 22 Av—August 9 is sponsored by Jean-Marc Bensaid in memory of his
beloved mother, Jacqueline Rachel bat Mesoudah Bensaid Z”L.

SELIHOT

Selihot will be held daily (except Shabbat) until Erev Yom Kippur.

THERE WILL BE ONLY 2 MINYANIM!

Early Minyan

(Monday—Friday) ————— Selihot 6:00 AM (Shahrit 6:45AM)

Late Minyan

(Monday & Thursday) ————— Selihot 8:00 AM (Shahrit 8:45 AM)

(Tuesday, Wednesday & Friday) Selihot 7:45 AM (Shahrit 8:30 AM)

(Sundays) ————— Selihot 7:45 AM (Shahrit 8:30AM)

Sunday, August 20 ————— First Day of Selihot

Monday, Sept. 4 (Labor Day) 7:45AM Selihot (Shahrit 8:30 AM)

SUPER SUNDAY SELIHOT SUNDAY SEPT. 10

SELIHOT 7:30 AM - SHAHRIT 8:30 AM

with Hazzanim & Full Breakfast

call office to sponsor in memory of a loved one, Refuah, Hatzlacha
or in honor of someone!



"Tu mangeras, tu te rassasieras et tu rendras grâce à l'Eternel ton Dieu pour le bon pays qu'il t'a donné". (Deutéronome, 8, 10)

Dans sa longue harangue, Moïse rappelle ici que pendant les quarante années de leur séjour dans le désert, nos ancêtres ont été redevables de leur nourriture à Dieu.

C'est lui qui, journellement, leur fournissait la manne; c'est donc bien grâce à sa bienveillance et à sa sollicitude qu'ils avaient pu manger normalement et à leur faim sur ces terres arides.

Chaque matin ils avaient senti, en allant recueillir sous la rosée la nourriture céleste, que c'était bien l'Eternel qui la leur avait préparée. journellement ils avaient eu de la sorte l'occasion de lui exprimer leur reconnaissance.

Il allait en être tout autrement maintenant. Ils allaient pénétrer en Canaan, sur une terre de culture où dorénavant, il leur faudra tirer leur nourriture de la terre par leur effort personnel. Certes "ils ne manqueront de rien", dit l'Eternel, car le pays est arrosé, fertile, produisant de riches récoltes. Mais ils ne pourront en profiter que dans la mesure où ils travailleront la terre. Il ne pourra plus être question de "recueillir la manne", si auparavant on n'a pas labouré, semé, arrosé, moissonné, etc.

Cette nouvelle situation recelait un danger contre lequel Moïse tient à mettre en garde les enfants d'Israël. Il se peut que, dans ces conditions, ils en arrivent à "oublier Dieu" et à se dire : "C'est ma propre force, c'est le travail de mes bras, qui m'a valu toute cette richesse". Il se peut qu'ils s'attribuent à eux-mêmes toutes leurs réussites et en arrivent à méconnaître la part de Dieu dans le résultat de leurs efforts.

Aussi, Moïse tient-il à signaler que, même lorsqu'il peut sembler que Dieu n'intervient pas directement - comme ce fut le cas dans le désert - dans la fourniture de notre nourriture quotidienne, il est en vérité à nos côtés pour nous faire prospérer et réussir. Il est donc indiqué que nous tenions à l'en remercier.

On a trop tendance à croire qu'il est normal que chaque être vivant trouve sa part quotidienne de nourriture. Il devrait certes en être ainsi, mais malheureusement ce n'est pas le cas et le nombre des hommes affamés - et qui meurent de faim ! - à travers le monde est extrêmement grand. Nombreux sont ceux qui, malgré un travail dur et pénible, n'arrivent pas à manger convenablement ni à nourrir leur famille.

Si nous avons le bonheur de manger à notre faim, sachons ne pas oublier celui qui nous a permis de nous rassasier et prions et agissons pour que de moins en moins d'hommes soient tiraillés par la faim.

<http://www.lamed.fr>



TORAH TH

And you shall place these words of Mine in your heart and in your soul; and bind them to your children... (11:18-19)

Just as it is incumbent upon every Jew to put on *tefillin* every day, so is there an equally simple of folk, to set aside a half-hour each day in which to think about the education of



כדו ר' גוט' מגיש פנינים לפרשת השבוע "עקב", מתוך הספר "אוצר הפנינים" על התנ"ך
והריה יעקב השמעון" (ז, יב)

מדרש: "הذا הוא דכתיב, על אלה אני בוכיה". ולא מוכן.
ובוואר בהקדם המדרש בפרשת ואתחנן, על הפסוק שמע ישראל וכו', מה ראה לומר כאן שמע
ישראל? רבנן אמרו למי הדבר דומה, למלך שקידש מטרוניאאת אחת בשתי מרגליות ואיבדה את
מהן, אמר לה המלך מכיוון שאיבדה אחת, לפחות שמרי על השניה. כל קידש הקב"ה את ישראל
בגעשה ונשמע, איבדו "נעשה" כעששו את העגל, אמר להם משה שמרו "נסמע". וכן אמר
הכתוב "שמע ישראל".

וזהו ביאור המדרש, שהוקשה לו מדוע נקט הכתוב "והיה יעקב תשמעון" לשון שמיעה בלבד, ולא
הזכיר עשייה, ועל הטענה "הذا הוא דכתיב על אלה אני בוכיה", שאמרו יושאל במעשה העגל
אליה" אלוהיך ישראל, ומפני זה איבדו את "נעשה", ונותר להם רק "נסמע", וכך אמר הכתוב
לשון שמיעה...

ברוך תהיה מכל העמים, לא יהיה לך עקר ועקרה ובבהתוך" (ז, יד).

יש להקשות, מה עניין זה להה.

ובוואר בהקדם המדרש בפרשת תולודות, שרבקה היתה עקרה מספר שניים עד שנפקדה, מפני
שלבן ובני ביתו בירכמה את hei לאלי רבבה", ולא רצתה hei שיאמרו בגויים שברכתם עשתה
פירות, ובכוחם נולד לרבקה כל הגו גדול הזה.
וזהו ביאור הפסוק, "ברוך תהיה מל' העמים", שככל העמים יברכו, ואעפ' כן "לא יהיה לך
עקר", ואין לך מה להחשש מברכתם...

לא יהיה לך עקר ועקרה ובבהתוך, והסיר hei ממק' כל חוללי" (ז, יד-טו).
אפשר לבאר סמיכות הפסוקים, בהקדם הגمرا במסכת ברכות (דף ל"ב), שהמאריך בתפילתו
ומצפה לראות אימתי תתקיים, בא ידי כאב לב. מפני שתיכן מואוד שלא תתקיים תפילה, בגללו
עוננותיו המבדלים בין לבין ה'.

ועוד יש להקדם, שאמרו במדרשו, שאלה יהיה לך עקר - שלא תהיה תפילהך עקרה, אלא תעללה
ותעשה פירות.

וזהו ביאור הפסוק, "לא יהיה לך עקר" - שתתකבל תפילהך מיד, ומילא" והסיר hei ממק' כל
חוללי" שלא תבוא לידי כאב לב...
והסיר hei ממק' כל חוללי, וכל מדויי מצרים הרעים אשר ידעת, לא ישימם לך, ונתנמנם בכל "

יבוואר בהקדם הגمرا במסכת בריות (דף י), לשון נתינה מורה על שיעור ומידה, ובמקום
שכתבו 'תנית' פירושו שיתן האדם כזית, ולשון 'שםה' פירושו בל' שעור, אלא גם כל שהוא.
זהו ביאור הפסוק, "וכל מדויי מצרים... לא ישימם לך", שאפלו כל שהוא מהם לא יהיה לך,
ומайдך" ונתנמנם בכל שונאיך", כשיקבלו שונאיך את המחלות, יהיה זה בשיעור ובמידה הראיה
לهم...

ונתני עשב בשדך לבהתוך ואכלת ושבעתה, השמרו לכם פן יפתח לבבכם" (יא, טו-טו').
אפשר לבאר סמיכות הפסוקים, בהקדם דברי הגمرا,עה"פ" אדם ובהמה תושיע ה", שלעתים
ניזון האדם בזכות הבהמה, מפני שהוא עצמו ראי לכך.
זהו ביאור הפסוק, "ונתני עשב בשדך לבהתוך, ואכלת ושבעתה", ואם תאמר לבבך לסמוך על
הבהמה בלבד, ולעתות כלל אשר לך חוץ, ע"ז עונה" השמרו לכם פן יפתח לבבכם", שאם
תעשו כן יעצור hei את השמים, ולא יתחשב גם בבהתוכם...

<http://www.kaduri.net>

THOUGHTS

and them for a sign upon your hand, and they will be as tefillin between your eyes. And

unequivocal duty which rests upon every individual, from the greatest scholar to the most
son of his children.

NEW SEFER TORAH INITIATIVE

MSC has initiated the "Am Israel Chay" project, with the writing of a new Sefer Torah for our congregation.

**Sponsor a Parashah (\$5,000), Maftir (\$2,600)
Aliyah (\$1,000) or a Pasuk (\$260)**

CONTACT THE OFFICE 212.988.6085



Shabbat Afternoons
Seudah Shlishit—8:00 PM

REACHING HIGHER: A DEEPER LOOK INTO THE AMIDAH

With Rabbi Benchimol

Shiur for the entire year is sponsored by David Braunschvig:
Honoring Rabbi Benchimol's Teachings on the Essence of our Prayers.



MSC NEWS

We are excited to share with you the great news that we signed a contract to purchase the next-door building. This will enlarge the premises to two-and-a-half times its current size. In addition to our regular Synagogue banking account (for donations to uphold MSC's yearly budget etc.), we also have a building fund account that will totally be used for expansion of our current facility. We thank all those who have contributed to both of these accounts in the past, and your future contributions are always greatly appreciated.

Join the Breakfast Club	
'Best Breakfast in Town' We are looking for 36 people who will support the daily breakfasts.	
There are 3 Minyanim M-F and each is followed by a grand breakfast by our in-house chef.	
WE NEED YOUR HELP TO KEEP THE BREAKFASTS GOING STRONG!	
Tizku Lemitzvot. Sponsor for \$152/Day or Support the Daily Breakfast with \$118/month.	
1. Uriel Suliman	10. David Braunschvig
2. Nissan Nefas	11. Chaim Sparer
3. Jean-Marc Bensaid	12. Jean Marc Perez
4. Elliot Mizrahi	13. Issever Family
5. Sinai Sassouni	14. Tzion Revivo
6. Yossi Mazig	15. Aaron & Tannaz Harounian
7. Marciano Family	15. Rosalie Toueg In memory of Yaakov Abitbol ben Mesod Z'L AND Sarina Nina bat Morris Z'L.
8. Oren Cohen	17. Benny Kutner
9. Iny Family	18-36.

*Moshe Ben-Ezra (Adar & Tammuz)
 *Shira Ruth Rosado (Kislev, Iyar, and Shevat - in memory of her beloved sister, Moraima) Iyar in honor of her birthday!
 *Meir Rabbani (Tishrei, Heshvan, Kislev)
 *Miriam Benezra (Elul)



More mitzvot = more spiritual light to dispel all the negativity and darkness we see around the world.

I conclude with a fervent wish that all our collective prayers be fulfilled & be manifested sweetly in our eyes.
 I thank you in advance for being a part of our lives. May we always see you and share in Semahot!

Warmly, Rachel Benchimol

B'H

This year, in honor of Hakhel, we started a monthly Friday night CommUNITY event on Rachel Imenu's Hiloula, as I celebrated my Jewish Birthday.

On that evening, we shared that a person's birthday is not only related to one's own Mazal, but also to the Mazal of all the people he/she knows and has a connection with.

In this light, I invite you to take part of a new initiative that was launched in honor of the Rebbe's 120th birthday, called "One Mitzvah."

The goal is to encourage people we know to add one mitzvah to their lives. This is similar to a fundraising campaign. The only difference is that we are raising mitzvot instead of money; we are creating doers instead of donors.



Dear Friends,

Only a few days left until the massive and very exciting annual Bike4Chai fundraising charity cycling event on August 9th & 10th.

This is my sixth year as a Bike4Chai participant.

The goal of this annual 150 mile bike ride is to raise money to provide support for children with cancer and their families and to make it possible for these kids to feel a sense of normalcy by attending summer camp while still undergoing treatment.

Like previous years, my personal commitment is to raise a minimum of \$10,000 by riding my bike for 150 miles over two days.

Everyone can join me in this by donating to this very worthy cause which can change a child's life.

Every dollar spent is 100% tax deductible and will be spent for the children.

Your donation can also be dedicated in the memory of a loved one, friend or family.

To donate, please visit my page at

WWW.Bike4Chai.com/Fshafizadeh

Your support in helping me to reach my goal is greatly appreciated.

Best,

Farshad Shafizadeh, MD

Thanks